

Zeitplan Freitag, 13.06.2025

Zeit	W12+W13	W14	W15	WJU18	WJU20	Frauen	M12+M13	M14	M15	MJU18	MJU20	Männer	Masters alle AK	Zeit
17:00		Hammer	Hammer					Hammer	Hammer					17:00
17:20										400mHü	400mHü	400mHü		17:20
17:30				400mHü	400mHü	400mHü								17:30
17:45			300mHü											17:45
17:50									300mHü					17:50
18:00														18:00
18:10	2000m BG			Hammer	Hammer	Hammer	2000m BG							18:10
18:35		3000m BG	3000m BG	3000m BG	5000m BG	5000m BG		3000m BG	3000m BG	5000m BG	5000m BG	5000m BG	5000m BG	18:35
19:00														19:00
19:15		3000m	3000m											19:15
19:20										Hammer	Hammer	Hammer		19:20
19:35								3000m	3000m					19:35
19:50				3000m	3000m	3000m								19:50
20:05										3000m				20:05
20:20											3000m	3000m		20:20

Zeitplan (Stand: 11.06.25)

Uhrzeit	M12	M13	M14	M15	MJU18	MJU20	Männer	W12	W13	W14	W15	WJU18	WJU20	Frauen	Uhrzeit
9:30		Diskus			1500m F	1500m F	1500m F		Diskus						9:30
9:40												1500m F	1500m F	1500m F	9:40
9:50								60mH VL (G)							9:50
10:00	60mH VL (G)									Hoch 2	Hoch 1				10:00
10:10															10:10
10:15									60mH VL (G)						10:15
10:20								Kugel 1							10:20
10:25		60mH VL (G)			Weit 1	Weit 2	Weit 2								10:25
10:30												100m VL			10:30
10:35									Kugel 2						10:35
10:40													100m VL		10:40
10:45													Diskus	Diskus	10:45
10:50														100m VL	10:50
11:00										100m VL					11:00
11:05															11:05
11:15	60mH F (G)										100m VL				11:15
11:25			100m VL					60mH F (G)							11:25
11:30				100m VL	Kugel 1	Kugel 2	Kugel 2								11:30
11:40		60mH F (G)										100m AB-F			11:40
11:45									60mH F (G)						11:45
11:50			Weit 1	Weit 2									100m F		11:50
11:55										Diskus	Diskus			100m F	11:55
12:00					100m VL										12:00
12:10						100m VL		Hoch 2	Hoch 1						12:10
12:20							100m VL								12:20
12:30										100m AB-F			Kugel 2	Kugel 2	12:30
12:40											100m AB-F				12:40
12:45															12:45
12:50												Weit 1			12:50
12:55			100m F												12:55
13:00				100m F									Weit 2	Weit 2	13:00
13:05					100m AB-F										13:05
13:15						100m F									13:15
13:20							100m F					Diskus			13:20
13:30	Hoch 2	Hoch 1	800m ZEL							Kugel 1	Kugel 2				13:30
13:35				800m ZEL											13:35
13:45										800m ZEL					13:45
13:50											800m ZEL				13:50
14:00															14:00
14:30	Kugel 2	Kugel 1								Weit 1	Weit 2	400m ZEL	400m ZEL	400m ZEL	14:30
14:45			Diskus	Diskus	400m ZEL	400m ZEL	400m ZEL								14:45
14:50															14:50
15:05			Hoch 2	Hoch 1				800m F							15:05
15:15									800m F			Kugel 1			15:15
15:25	800m F														15:25
15:30		800m F													15:30
16:00				1500m Hi F											16:00
16:15			Kugel 1	Kugel 1	Diskus										16:15
					2000mHi. F										
16:35													3000mHi. F	3000mHi. F	16:35
16:55							3000mHi. F								16:55
17:20						Diskus	Diskus								17:20

Zeitplan Sonntag, 15.06.2025

Uhrzeit	M12	M13	M14	M15	MUJ18	MJU20	Männer	W12	W13	W14	W15	WJU18	WJU20	Frauen	Uhrzeit
10:00		75m VL (G)	80mHüVL		Speer 1										10:00
10:10				80mHüVL											10:10
10:20								75m VL (G)		80mHüVL					10:20
10:30	Weit 1	Weit 2								Stab	Stab	Stab	Stab	Stab	10:30
									75m VL (G)		80mHüVL				
10:45								2000m F							10:45
10:55									2000m F						10:55
11:10	2000m F					Speer 1	Speer 1								11:10
11:20		2000m F										Hoch	Hoch	Hoch	11:20
11:35			80mHü F					75m F (G)							11:35
11:40				80mHü F					75m F (G)						11:40
11:45		75m F (G)													11:45
11:50	75m F (G)**									80mHü AB-F					11:50
11:55											80mHü F				11:55
12:05		Speer 2						Weit 1	Weit 2			100mH VL			12:05
12:10													100mH EL*	100mH EL*	12:10
12:20					110mH EL*							Speer 1			12:20
12:25						110mH EL*	110mH EL*								12:25
13:00			Stab	Stab	Stab	Stab	Stab								13:00
13:05												100mH F			13:05
13:10	Ball												100mH F	100mH F	13:10
13:15					Hoch	Hoch	Hoch								13:15
13:20					110mH F										13:20
13:25				Drei 1		110mH F	110mH F				Drei 1				13:25
13:30															13:30
13:35								4x75m ZEL					Speer 1	Speer 1	13:35
13:45	4x75m ZEL														13:45
13:55			4x100m ZEL												13:55
14:00									Speer 2						14:00
14:05										4x100m ZEL					14:05
14:10												4x100m ZEL	4x100m ZEL	4x100m ZEL	14:10
14:15															14:15
14:20					4x100m ZEL	4x100m ZEL	4x100m ZEL								14:20
14:30															14:30
14:35					800m ZEL										14:35
14:40						800m ZEL									14:40
14:45			Speer 1	Speer 1			800m ZEL								14:45
14:50					Drei 2	Drei 2	Drei 2					Drei 1	Drei 1	Drei 1	14:50
14:55												800m F			14:55
15:00								Ball					800m F	800m F	15:00
15:10				300m ZEL											15:10
15:20											300m ZEL				15:20
15:35												200m ZEL			15:35
15:50													200m ZEL		15:50
15:55														200m ZEL	15:55
16:00					200m ZEL					Speer 1	Speer 1				16:00
16:15						200m ZEL									16:15
16:20							200m ZEL								16:20